

NEWS FROM THE CLOVERFIELDS OF CHATHAM COUNTY

SUMMER EDITION

August 2016



From your 4-H Program Staff...

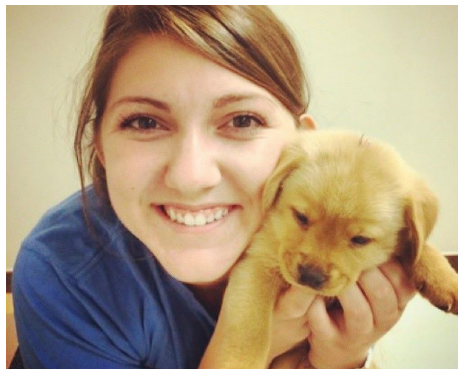
Wowww. What just happened? Last I checked, it was the end of May! Did I flip the calendar too far? Where did July go? And June for that matter! I remember a lot of heat... and a lot of day camp... and a lot of Congress... a lot of horse show... a lot of Betsy Jeff Penn... wait, there was some more day camp in there! Was 4th of July in there too? And then there was some more heat...

This summer really has been a whirlwind for me! I was hired a year ago in August, and missed the craziness of 2015, so going into it this year, I had no idea what to expect. 4-H really does flourish in the summer, with something for everyone. In this summer wrap up issue, we have tried to share some snapshots of what has been going on in the county (and out of the county!) with our spectacular 4-H members and clubs.

We feel like we've been around the world and back again - I hope this issue takes you through that ride!
*Sincerely,
Ginger & Carolyn*

NCSU AGRICULTURE EXTENSION INTERNS EXPERIENCE CHATHAM COUNTY 4-H SUMMER!

This summer, Chatham County Cooperative Extension was lucky enough to host not one, but two interns from NCSU's Agriculture Extension Education program! Ellen Beasley and Joe Fasy joined us for the summer adventures and it was a joy to have them help us out and a joy to see them experience our 4-H program from a newcomer's perspective! We asked them to write a little about their experience that we could share with the community.



Hey y'all! For those that I have not had the chance to interact with this summer, my name is Ellen Beasley and I am about to start my senior year at NC State University! I am getting my degree in Extension Education and this summer I have been able to gain hands on experience through my internship with Chatham County's Cooperative Extension Center. Ginger and Carolyn welcomed me into 4-H at the very beginning of my time here and I have had a blast! I have had the opportunity to help with 4-H Adventure Day Camp, attend the state horse show and Congress, and work alongside Carolyn and Ginger as they have planned events and activities. I was not a part of 4-H growing up so it has been a great experience to learn about this phenomenal organization and seeing it's vast array of areas that it covers. Thanks for having me this summer, Chatham County 4-H!



Working at the 4H Day Camp at Northwest Park was a very fulfilling experience. I was a little apprehensive at first but after working with the 4Hers the first day I knew that it was something I was going to enjoy. Besides counseling I was given the opportunity to teach and lead three activities. The first one was to instruct each of the groups on how to make sushi; this was accomplished by using fruit roll-ups, rice krispie bars, and gummy worms. I was able to instruct them on proper technique and I think the campers appreciated eating their creations; I am not sure how raw fish would have gone over! The other two activities I led were on gemology and pasta art. All of the activities were well received and I think I learned a thing or two about teaching. I thoroughly enjoyed my time there and was sad to see it end. Teaching and leading youth are a special calling and a very worthy endeavor.



Thanks to our
wonderful and generous 4-H sponsors:



CHATHAM COUNTY ADVENTURE DAY CAMP

WEEK ONE



Top left: The Extension Master Gardeners discuss different kinds of butterflies and set out to find them in our mobile butterfly house.
 Top middle: A member of the Squirrel group looks for butterflies.
 Bottom Middle: One of the tallest marshmallow structures built!
 Top right: Counselors raced campers through water obstacle courses!
 Bottom right: Ginger overseas paddle boat rides on the lake.

Highlights from our morning learning stations!

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

- Dan Campeau brought a Swedish Vallhund puppy, talked about dog care.
- Chatham Animal Rescue and Education, discussed animal advocacy the first 3 days of each week, and brought in a therapy dog.
- Extension Master Gardeners discussed different kinds of butterflies.
- The Master Gardeners talked about butterfly life cycles, turning a counselor into a butterfly
- Susannah Goldston brought soil samples for campers to paint with.
- Joe Fasy instructed campers on how to make dessert sushi with rice krispie treats, gummy worms and fruit roll ups.
- Final day with the Master Gardeners, campers got to enter a butterfly tent with almost 50 butterflies of five different species.
- Claudia Austin painted pots with campers.
- Shannon Culpepper taught how to sort recycling in a relay race.
- The Sheriff's office paid a visit and answered questions.
- Shannon Culpepper returned to talk about where our recyclables go, and how to recycled items come back.
- Claudia Austin returned to help plant succulents in the pots for donation to nursing homes.
- Ellen Beasley had an engineering contest involving marshmallows, toothpicks and creativity.
- CC King from NC Wildlife Resources taught campers how to fish and how to safely manage a fishing pole.
- Silk Hope Fire Department came to visit with a fire truck and let campers test out the hose.
- Campers wrote and decorated Thank You cards for our generous United Way donors.

CHATHAM COUNTY ADVENTURE DAY CAMP

WEEK TWO



Top Left: Campers show off their beaded bracelets from the recycling game.
 Middle Left: Fishing on the lake.
 Bottom Left: Checking out the demo hive.
 Top Middle: Investigating the Silk Hope fire truck.
 Bottom Middle: Tie dyed camp shirts soaking up the sun!
 Top Right: Steers in training came to visit camp.
 Bottom Right: Campers show off their mason bee houses!

Highlights from our morning learning stations!

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

- Kelly Carlson brought a demonstration hive and had campers sample different kinds of honey.
- Dan Campeau returned with a Swiss Mountain Dog and talked about dog nutrition.
- Chatham Animal Rescue and Education came back to discuss animal care and advocacy.
- Debbie Roos and Judy Pick from the Chatham County Bee Keepers discussed the importance of pollinators and planted flowers with campers.
- Joe Fasy brought his collection of minerals and rocks, discussed how they are different. Campers got to choose and crack open their own geode to take home.
- Margaret Tiano of the Chatham County GranTrees came to visit and talked about the importance of trees.
- Another group of Master Gardeners came to talk about Mason Bees and build Mason Bee houses to take home.
- We also had return visits from Shannon Culpepper and Claudia Austin.
- Phyllis Smith talked about different kinds of dairy and the importance of it for our health. Campers got to try creme brulee.
- Brenda Williams from Soil and Water came to visit!
- Claudia Austin finished up her second visit decorating more pots for nursing homes around Pittsboro.
- Silk Hope Fire Department came to visit again with a fire truck
- Kathryn Beckerdite brought a team of oxen in training to meet the campers.
- Shannon Culpepper demonstrated recycleable life cycle with a cool bracelet race.
- The Sheriff's Office made a return visit.



4-H Residential Camp at Betsy Jeff Penn



Every year, Chatham County sends a contingency of sponsored youth from the county to Betsy Jeff Penn's wonderful residential camp in Reidsville, NC! This year, thanks to support from United Way of Chatham County, the Triangle Community Foundation's Send a Kid to Camp Program, Siler City Rotary and Central Electric, we were able to take 43 kids to BJP, with 20 attending through scholarships and partnership with Communities in Schools to identify great campers! The kids left on Sunday July 10th in a charter bus and returned Friday. For one week, they lived in the woods, slept on bunk beds, were far away from their electronics and internet, eating family style with new friends and trying new activities!



THE DAY IN THE LIFE OF A BJP 4-H CAMPER:

- 6:45 - RISE AND SHINE!
- 7:00 - MORNING CHORES IN THE CABINS
- 7:30 - BREAKFAST IN THE DINING HALL
- 8:30 - FLAG RAISING
- 9:00 - FIRST ACTIVITY: ARCHERY, ARTS & CRAFTS, CLIMBING, ETC.
- 10:15 - SECOND ACTIVITY: HORSEBACK RIDING, CANOES, ETC.
- 11:30 - LUNCH IN THE DINING HALL
- 12:30 - POOL TIME!!
- 1:45 - THIRD ACTIVITY: ROCK WALL, FISHING, ETC.
- 2:45 - CAMP STORE - SNACKS!
- 3:45 - FOURTH ACTIVITY: BEAVER POND HIKE, KICK-BALL, ETC.
- 5:30 - DINNER IN THE DINING HALL
- 6:30 - EVENING REST
- 7:30 - FLAG LOWERING
- 8:00 - EVENING ACTIVITY (TALENT SHOW, CAMP FIRES, SMORES, ETC.)
- 9:30 - RETIRE TO CABINS FOR BED!



NC State Horse Show & Regional Horse Bowl and Hippology



Our horse clubs don't slow down for even a minute over the summer holidays - if anything, they've been busier than ever, despite the hot summer days! Chatham County Horsekateers and Low Riders filled 14 stalls at the July 6th-10th State Show. To attend the State show, riders had to qualify at a district show held earlier in the season. Our members rode in a wide variety of disciplines, including Western Pleasure, Hunter Under Saddle, Over Fences, Short Stirrup and Equitation.

These girls and their club leaders put in incredible amounts of time and effort into the care and upkeep of their horses and showed a great amount of sportsmanship in helping each other out. The Chatham County stall section was decorated in a cute Under the Sea theme!

Club members came out to help even if they did not have a horse participating, volunteering at the Consignment sale and joining in the Parade of Counties in the Opening Ceremony on Friday!

Later in July, members of the Horsekateers went on to Southern Regionals for Hippology and Horse Bowl, competing with the NC team. The NC Hippology Team was coached by our very own Horsekateer leader Mary Dickerson, and included 4-Hers Julie Dickerson, Kirsten Gregory and Grace Conerly. The Horse Bowl teams won 1st and 2nd at Regionals, with 6 of the team members placing in the Top 10 Individuals Overall, and Grace Conerly winning highest scoring individual! The Hippology Teams won 2nd and 3rd, with 3 individuals in the Top 10 Overall. Congrats to all, we are so proud of all of your accomplishments this summer!



Dickerson, Edwards awarded NC Horse Program Scholarships

On July 19th, Julie Dickerson and Maddie Edwards, members of the Horsekateer club, were awarded scholarships from the NC Horse Program for their involvement in the Horse Education contests during their many years of membership with 4-H. They each received the NC Horse Program Scholarship for \$1000, and the North Central District 4-H Horse Scholarship for \$500. Both will be attending college next year, with Julie heading off to Clemson University and Maddie attending NC State University. We wish them the best of luck in all their endeavours and have the greatest faith they will do well in anything they set their minds to!

Top left: Kirsten Gregory with her horse Sport preparing for the State Show

Second left: Julie Dickerson with her gelding Johnny after a Western class

Middle left: Horsekateers before Parade of Counties

Fourth left: Low Riders before Parade of Counties

*Bottom Left: NC Hippology Teams at Regionals
Above Right: Dr. Robert Mowrey, Retired Extension Horse Specialist; Julie Dickerson, Maddie Edwards, Alaina Cross, Extension Associate, NC 4-H Horse Program; Bill Crouse, NC 4-H Horse Program Advisory Council Member.*



NC 4-H CONGRESS & ELECTRIC CONGRESS



NC State 4-H Congress is an annual education event sponsored by the 4-H Youth Development and organized by the State 4-H Council. The four day event takes place in Raleigh at the McKimmon Center on Centennial Campus, and was attended by Chatham County delegates Molly Carlson and Katelyn Batchelor. 4-H delegates from around the state come to network, take part in workshops, share ideas, run for or vote for State Officer Candidates, catch up with friends from other counties, take part in a state service project and go on great area field trips organized by the State Council.

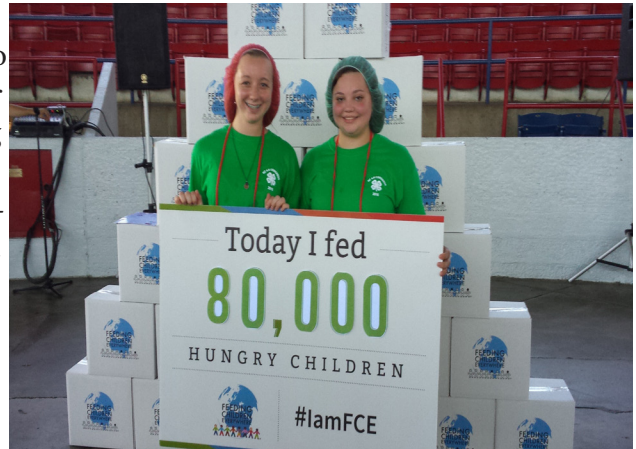
Workshops were themed around the “Health” portion of 4-H, and included topics on stress management, health living and self confidence.

In bringing together all of their “hands for larger service,” 4-H

members participated in a group service project to package 80,000 meals for the organization Feeding Children Everywhere, a global organization dedicated to preventing child hunger in the United States and abroad. 4-H members created assembly lines to package up lentil casserole meals at Dorton Arena.

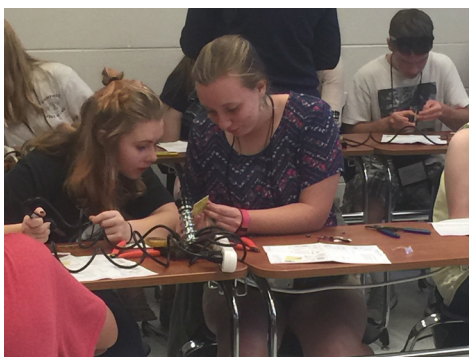
Later that night, delegates returned to Dorton Arena for the Candlelight Ceremony after Officer Elections, lighting up a Clover outline on the floor of the arena in a quiet somber evening moment of reflection.

Before heading out on Tuesday, delegates also had the opportunity to take field trips around NC State’s campus and in downtown Raleigh. Congress is a great opportunity for all 4-Hers to try and attend!



Above: Molly Carlson and Katelyn Batchelor after the service project

Below: Candlelight Clover in Dorton Arena



Electric Congress delights 4-Hers in Asheville!

The 4-H Electric Program, sponsored by Duke Energy and Dominion NC Power held its annual Electric Congress session at UNC-Asheville’s beautiful campus from July 9th - 11th. Chatham County’s attendees were Molly Carlson, as our Electric Portfolio candidate, and Evan Carlson and Danny Willett as Electric Congress recruits. During their time there, they completed workshops on soldering a switchboard and putting together a solar powered car. While in Asheville, the delegates also got to either take a tour of the Biltmore Estate, or go whitewater



rafting doing the French Broad River. As a service project, 4-H delegates brought a box fan to be donated to the Black Mountain Home for Children. It was a great experience and wonderful way to bring back new electric skills to the county!

SCIENCE DISCOVERY DAY CAMP

BY THE NUMBERS:

of Campers: 13

No OF STAFF: 4

of Vehicles: 2

MILES TRAVELED: 391

AVERAGE DAILY HIGH TEMPERATURE: 95.4

GALLONS OF WATER CONSUMED: A VERY LARGE NUMBER!

Hours slept at the Zoo: 8

OF CAMPERS WHO WOULD NOW LIKE A PRIVATE JET: 13

OF CACTUSES PURCHASED AT THE FARMER'S MARKET: 3



WHERE DID WE GO EACH DAY?

WE WENT...

MONDAY

- Bright and early to the **Carolina Tiger Rescue** to glimpse lions, tigers and ocelots!
- Off in a cloud of dust down to Aberdeen to mine for gems and fossils with **Jims, Gems and Gold!**

TUESDAY

- Up to RTP for a tour of **Bayer Bee Care Center** and an inside look at a research hive!
- On a behind the scenes tour of the private jet hangers of the **Raleigh-Durham Airport**, and on a special tour of 6 million dollar jet!
- To the **NC State Farmer's Market** to complete a scavenger hunt!

WEDNESDAY

- For a tour of **Videre Chocolate Factory** in Raleigh!
- Exploring the **Natural History Museum** and **Natural Science Museum** in Raleigh!

THURSDAY

- Out to the **Jordan Lake Educational Forest** to learn from the rangers on topics like predators and prey, and paper making!
- Down to road to **Millstone Orchard** for some ice cream and slushies!
- Overnight to the **NC Zoo** to feed giraffes and take a night hike!

FRIDAY

- All over the **NC Zoo** to see polar bears, bison, cougars, alligators and more! (and a stop at the gift shop, of course!)
- Back home to Chatham County!

Chatham County Cooperative Extension
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AUGUST 4-H CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5 Beef BBQ BootCamp	6 RANDOLPH CO. LIVESTOCK SHOW
7	8	9	10	11	12 NCACC YOUTH SUMMIT	13 GUILFORD CO. LIVESTOCK SHOW
14	15	16	17	18	19	20 STANLY CO. LIVESTOCK SHOW
21	22	23	24	25	26	27 MONTGOMERY CO. LIVESTOCK SHOW
28	29 DAIRY POSTERS DUE TO OFFICE	30	31	<div style="border: 1px solid black; padding: 5px;"> For more details on any of these activities and dates, see online at chatham.ces.ncsu.edu or call 919-542-8202 </div>		

THANKS FOR READING OUR NEWSLETTER! HAVE SOME SUGGESTIONS OR IDEAS FOR THE NEXT ONE? EMAIL CAROLYN.JOHNSON@CHATHAMNC.ORG!

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