## Plants for Living Landscapes: Class 2 – Trees and Shrubs



# Charlotte Glen Horticulture Agent NC Cooperative Extension – Chatham County Center

Review slides from this class and class 1, and explore additional resources:

http://go.ncsu.edu/nativeplants

## Plants for Living Landscapes Class 1:

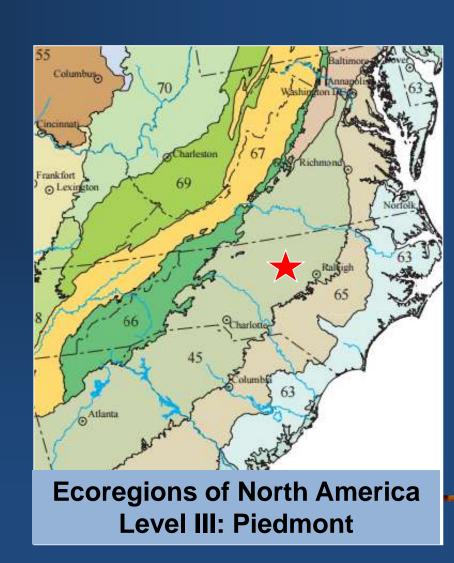
- Defined living
   landscapes as managed
   landscapes that
  - meet our needs and
  - support healthy ecosystems
- Discussed vital role of native plants in supporting
  - native pollinators, insects
  - and organisms necessary for ecosystem health



Many native insects cannot survive without the plants they evolved to feed upon

## Plants for Living Landscapes Class 1:

- Defined "native" in terms of ecoregions
  - Greatest benefit comes from planting species that occur in local ecoregion
- Discussed native perennials for living landscapes
  - Nectar and pollen from flowers supports pollinators and other insects



## Plants for Living Landscapes Class 2

#### **This Week:**

- Explore woody plants: trees, shrubs, vines
- Provide valuable resources for insects, birds, mammals:
  - Nesting habitat
  - Flowers, fruits, seeds
  - Leaf feeding insects



### A New Paradigm

- Select plants for:
  - Appearance
  - Performance
  - Adaptation to site conditions
- PLUS ability to sustain native species
  - Support ecosystem services
  - Native plants are essential!





### **Foraging Hubs**

- Leaves of native trees are caterpillar food
- Most caterpillar species feed on narrow range of related species
- Feed for part of life cycleusually 2-4 weeks
- Caterpillar feeding rarely threatens tree health





Polyphemus moth caterpillars feed for a few weeks in late summer

### Caterpillar Hunters

- Nearly all terrestrial birds rear their young on insects, not seeds or berries
- Eg. Chickadees are caterpillar specialists
  - Requires 6,000-10,000 caterpillars to fledge a single nest!
- Non native trees do not support caterpillar populations birds need to rear their young



## **New Paradigm: More Natives**

Not always natives

some sites toostressful for mostnatives





Parking lots are a graveyard for red maple

#### What about cultivars?

- Varieties selected for unique/desirable feature
- Propagated by cuttings or grafting to maintain genetic integrity = clones



Merlot Redbud

Cercis canadensis 'Merlot'

Purple leaf form of redbud

### Key Question: How different is it?

- Flowering time
- Flower shape
- Flower color
- Foliage color
   Some cultivars
   provide same benefit,
   others do not use in
   moderation



Merlot Redbud, flowers same time, same color, leaves purple



## Getting the Most Benefit

#### Help plants thrive:

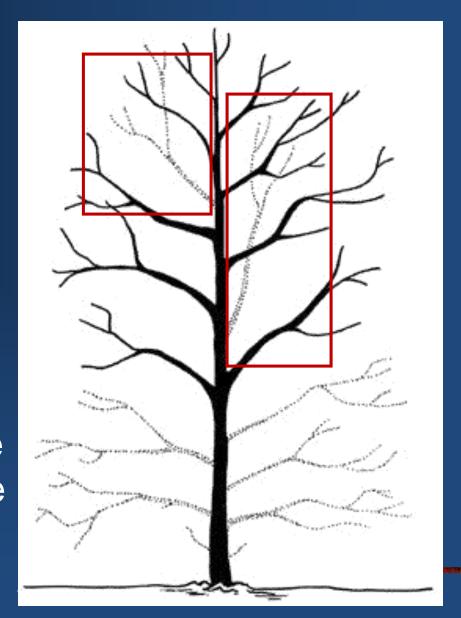
- Prepare the soil
  - Alleviate compaction
  - Incorporate organic matter
- Water during establishment
  - At least first season
- Mulch



## Getting the Most Benefit

#### Train and prune:

- Prune trees when young
  - Remove competing leaders, crossing branches
- Prune shrubs to enhance natural form - not to force them to fit a space that is too small



## Work with the natural shape of plants



Forsythia (not native) is a LARGE arching shrub

## Getting the Most Benefit

#### **Ecological Design**

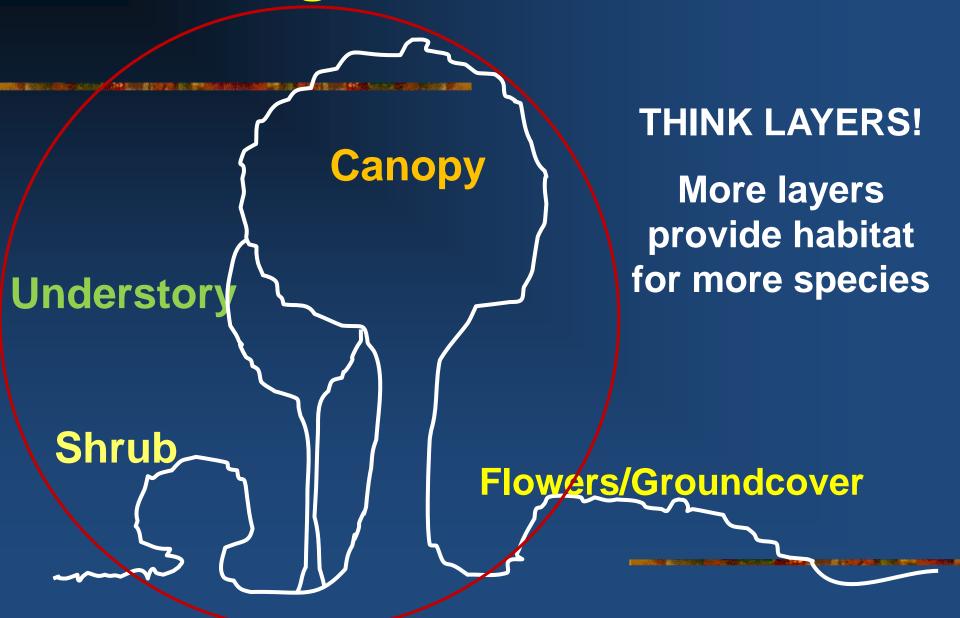
- Majority of plants natives to local ecoregion
- Diversity of species and height ranges
  - Less lawn More trees, shrubs, and flowers
- Year round food supply
  - Flowers, fruits, seeds, leaves





Very diverse!

### Getting the most benefit



## **Great Native Trees, Shrubs & Vines for Piedmont Landscapes**

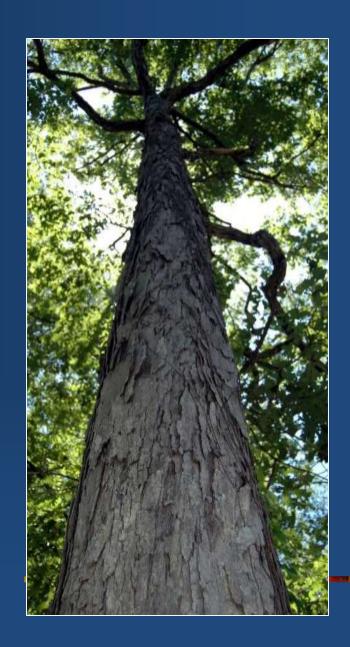
- Serve ecological function:
  - Support other species
- Serve landscape function:
  - Attractive and adaptable
- Can be nursery produced
  - Some only available from specialty nurseries



Plants with this symbol are less likely to be repeatedly eaten by deer

## Think Layers: Canopy Trees

- The top layer, 40'-80'+ tall
- Provide shade
- Protect soil
- Food source for many species (leaves, nuts/fruits, nectar/pollen)
- Large, unbroken areas of woodland needed



### **Getting the Most Benefit**

### Add trees to connect fragmented areas

- Work with neighbors to:
  - Protect existing natural areas
  - Connect natural areas
- Create larger area for habitat
- Bridges existing areas to create a corridor



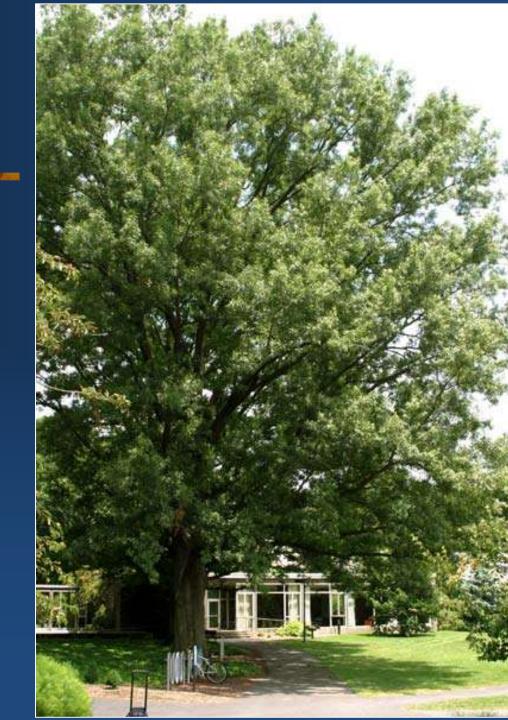
#### **Protect Trees**

- Young trees may be damaged by deer
- Individual cages 6' tall protect foliage and trunks (rubbing)
- Leave until foliage out of reach – lowest foliage above 6'



#### **Trees**

- Take many years to reach maturity but worth it
  - Fast growing trees typically short lived
- Provide joy from the day they are planted



### Oaks

- Support 100's of species
  - Acorns
  - Leaves
  - Habitat
- The best shade trees
- Most are very long lived
- Over 30 species native to NC!



## Oaks in Landscapes

Most commonly planted:

- Willow oak, Quercus phellos
- Pin oak,
  Quercus palustris

Willow Oak







### **More Oaks**

## Commercially Available:

- Shumard Oak,
  Quercus shumardii
- White Oak, Quercus alba
- Swamp White Oak, Quercus bicolor
- Overcup Oak, Quercus lyrata
- Red Oak, Quercus rubra
- Scarlet Oak,
  Quercus coccinea



### Red Maple

#### Acer rubrum

- 40'-60' tall and wide
- Wet well drained soil
- Avoid sites surrounded by pavement
- Excellent fall color
- Cultivars:
  - 'October Glory'
  - 'Brandywine'
- Winter blooms are early nectar source for bees

Blooms (top) Seeds (bottom)





## Red Maple



## Other Piedmont Maples

### Southern Sugar Maple, Acer barbatum

- 40' 60' tall
- Prefers moist soil

#### Chalk Maple,

Acer leucoderme

- To 30' tall, often multitrunked
- Prefers well drained soil





## Both can have great fall color





## River Birch Betula nigra

- Native to streams and riverbanks
- Fast growing, tolerates wet or dry soil
- Can grow 50' tall, often multi-stemmed
- Cultivars: 'Heritage', 'Duraheat'





In spring, aphids may cause leaf distortion but attract ladybugs and do not damage tree



Ladybug larvae

### More Great Native Trees: Less Readily Available

- Black Gum, Nyssa sylvatica
- Persimmon,Diospyrus virginiana
- Hickory, Carya species
- American Beech, Fagus grandifolia

NC Forest Service, Tree Seedling Store -



**American Beech** 

http://nc-forestry.stores.yahoo.net

### **Understory Trees and Shrubs**

- Middle layer
- Often missing in managed landscapes
- Prime nesting height for most birds, 5'-15' above ground
- Many have attractive flowers, produce fruits/berries



Middle/understory layer missing in many modern landscapes

#### Redbud

#### Cercis canadensis

- Small deciduous tree
- Blooms early spring before leaves come out
- Lives ~ 20 yrs.
- Sun pt. shade, well drained soil
- Protect from deer when young





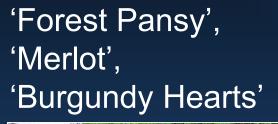


### Leafcutter Bees



### Redbud Cultivars

'Royal White'





of Gold', 'Rising Sun'



### Red Buckeye

Aesculus pavia

- 10'-15' high and 10' wide
- Beautiful spring flowers attract hummingbirds
- Best in moist soil and afternoon shade
- Loses leaves in early fall
- Seeds are poisonous



## Seeds ripen in fall



#### Called:

- Conkers
- Horse Chestnuts
- Buckeyes
   NOT EDIBLE!



#### Bottlebrush Buckeye

Aesculus parviflora
Wide spreading shrub
for part shade. Blooms
in summer

#### **Painted Buckeye**

Aesculus sylvatica Common in piedmont, upright shrub/small tree



#### Dogwood Cornus florida

- 15' 30' tall
- Moist, well drained soil
- Best in afternoon shade
- Spring blooms, excellent fall color
- Many cultivars





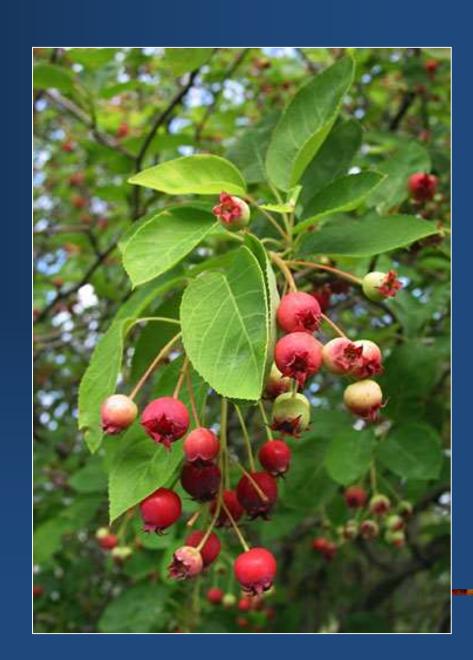
Fall fruits relished by birds





## Serviceberry Amelanchier arborea

- Small tree often multi-stemmed
- Sun to part shade, moist soil
- White flowers in spring
- Sweet berries ripen late May
- Rust can be a problem on fruit and leaves if red cedar trees are nearby





### Cedar Quince Rust on Serviceberry



#### Sourwood

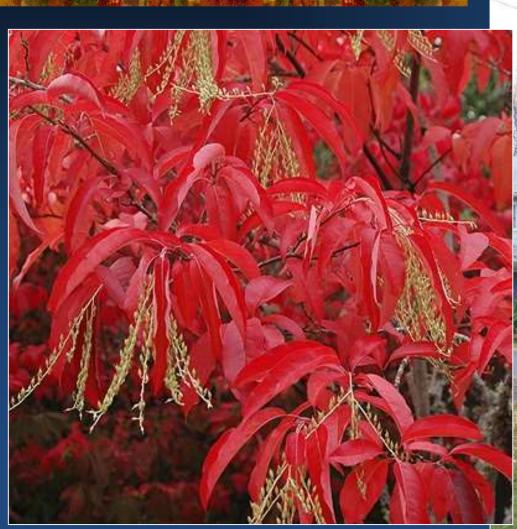
#### Oxydendrum arboreum

- 30'-50' tall
- Acidic, moist to welldrained soil
- Sun pt. shade
- White flowers in summer bee favorite
- Beautiful fall color





# Fall color and seed pods





#### **Sweet Bay Magnolia**

### Magnolia virginiana

- Smaller cousin of Southern Magnolia
- Grows 20'-30' tall, often with multiple trunks
- Sun to part shade,
- Moist or well-drained soil – tolerates flooding
- Fragrant flowers, spring-early summer
- Deciduous



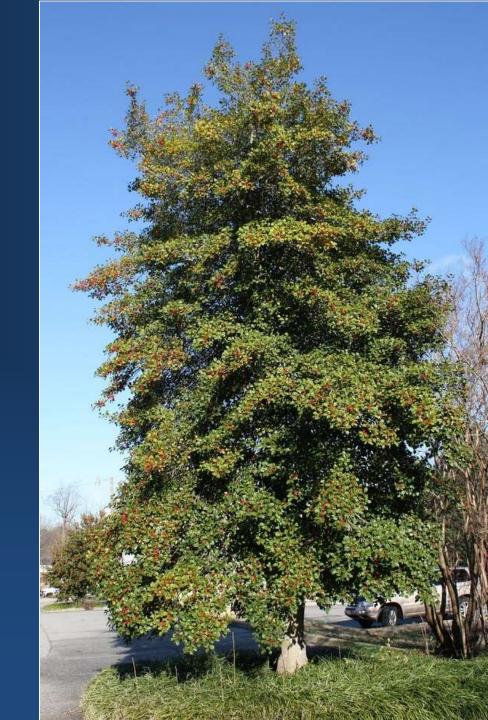
### Upright habit; Fall seeds great for birds





# American Holly Ilex opaca

- Evergreen
- Sun shade
- Moist or well-drained soil
- Moderately slow growing, 40'-70'
- Red berries in winter on female trees



### Male Flowers

#### Female Flowers



## American Holly: Many cultivars and hybrids

More compact and vigorous than species

- Nellie Stevens
- Foster's
- Oakleaf
- Greenleaf

Most cultivars are female



#### 'Mt. Airy' Fothergilla

Fothergilla major

- 4'-5'x 4'-5'
- Sun to part shade
- Moist or well drained soil, acidic
- Honey scented spring blooms
- Dwarf fothergilla,
   F. gardenii similar
   but smaller





# Fothergilla fall color



## Sweet Pepperbush

Clethra alnifolia

- Sun part shade
- Well drained or moist soil
- Dwarf cultivars grow 3'-4'
  - Hummingbird
  - Sixteen Candles
- Blooms in June-July, attracts butterflies and pollinators
- Very fragrant







fall color

'Ruby Spice' - pink flowers





Clethra 'Sixteen Candles' Grows 3' - 4' tall and wide

**American Beautyberry** 

Callicarpa americana

Sun to part shade

- Moist or dry soil
- Magenta berries late summer attract songbirds
- 4'-5' tall and wide
- Cut back to 1'-2' in early spring







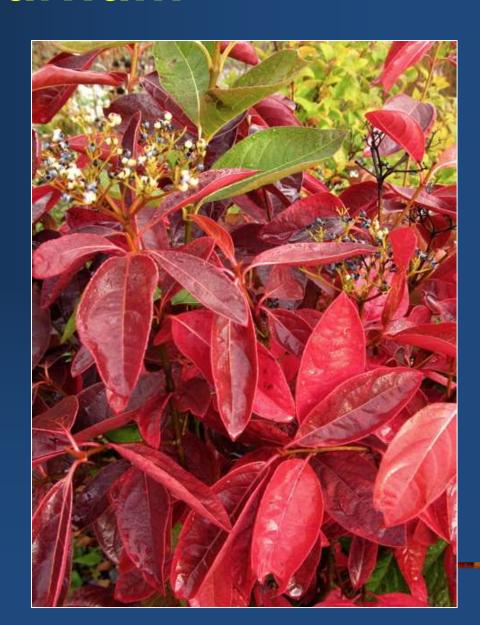
**Sweat Bee** 

Rustic Sphinx Moth

#### Possumhaw Viburnum

#### Viburnum nudum

- Deciduous shrub looks evergreen
- Grows 6-10 feet tall
- Moist or wet soil
- Sun to light shade
- Excellent fall color
- Fruit changes color as it ripens, from green to red, pink, and finally blue
- Cultivars: 'Winterthur' and 'Brandywine'





## Spicebush

- Lindera benzion
- Small yellow flowers in early spring on bare stems
- Red berries in fall on female plants
- Grows 4'-6' tall and wide
- Moisture tolerant
- Sun shade





### Yucca, Adam's Needle

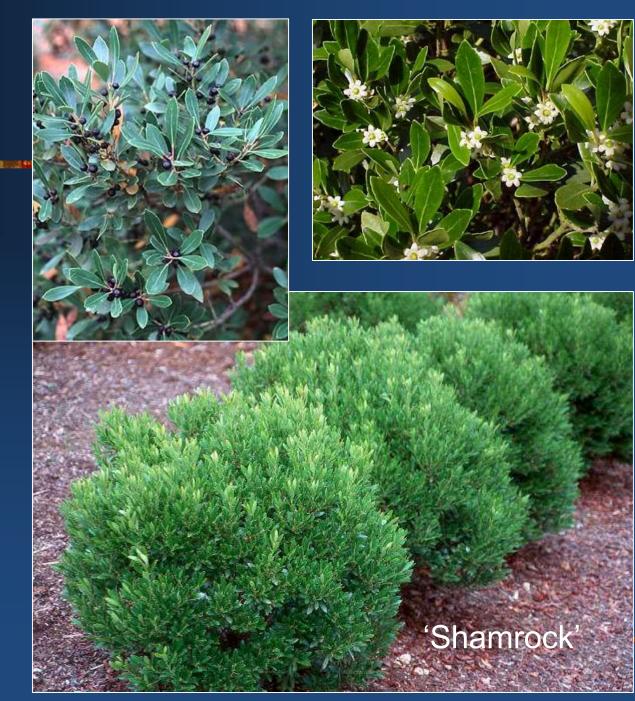
- Yucca filamentosa
- Sun part shade
- Extremely drought tolerant
- Evergreen
- 2' x 2', summer flower spikes to 5'
- Broken roots regenerate new plants





## Inkberry Ilex glabra

- 4'-5' x 3'-4'
- Evergreen
- Tolerates moist soil
- Bees attracted to blossoms
- 'Shamrock' 3'-4' tall and wide

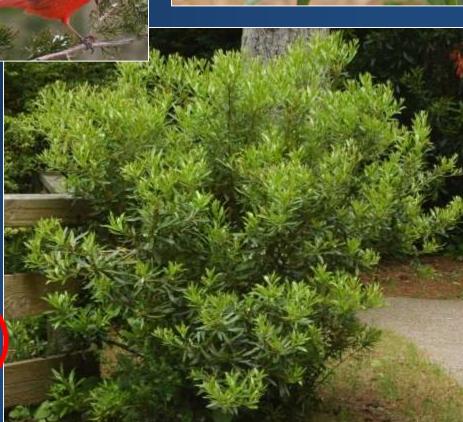


#### **Southern Wax Myrtle**

#### Morella cerifera

- Full sun It. shade
- Moist to dry soil
- 10'-15' x 10'-15'
- Semi-evergreen
- Drought tolerant
- Prone to ice and wind damage
- Winter berries for birds (female shrubs)





## SE US Native Evergreens

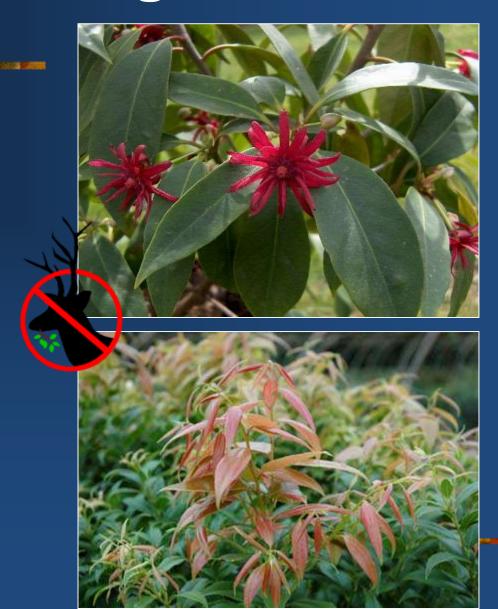
## Florida Anise Illicium floridanum

- 6' x 4'
- Red spring flowers
- Anise Shrub Illicium parviflorum is larger

#### Florida Leucothoe

Agarista populifolia

- 10'-12'
- Deer resistant



#### **Native Vines**

- Vigorous climbers need large support (in wild climb up trees)
- Best in sun

#### **NOT NATIVE:**

Japanese honeysuckle (Lonicera japonica) has escaped cultivation and become invasive



## Coral Honeysuckle

- Lonicera sempervirens
- Semi-evergreen vine
- Spring blooming often reblooms
- Hummingbirds!
- Sun, most soil types
- Climbs 10'+
- Protect from deer







## Carolina Jessamine Gelsemium sempervirens

Climbs 10' +

Early spring flowers, very fragrant

Twining vine, mostly evergreen

Adaptable – sun, most soil types





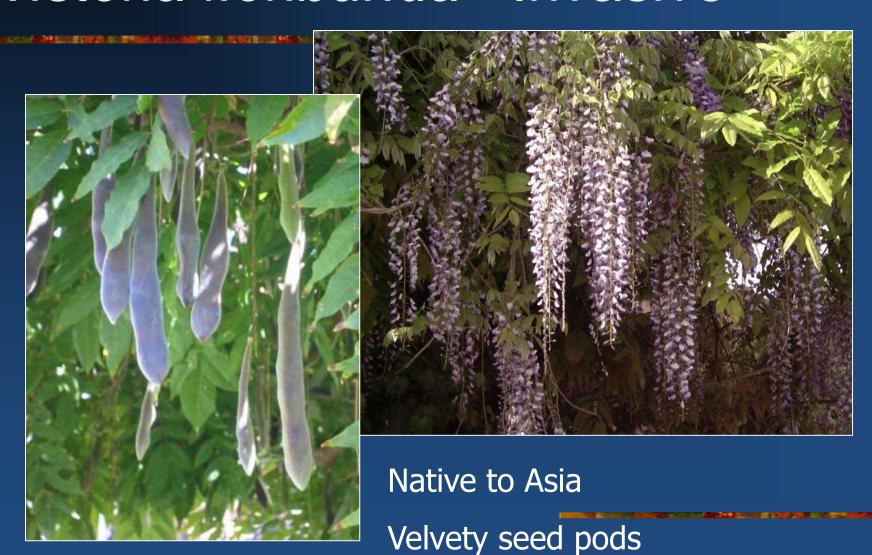
# American Wisteria Wisteria frutescens

- Vigorous twining vine – grows 15'+
- Spring flowers, not fragrant
- Sun, moist or well drained soil
- Cultivars: 'Amethyst' Falls'





#### Wisteria floribunda - Invasive



# **Cross Vine** *Bignonia capreolata*

- Moist or well drained soil, sun
- Blooms mid spring
- Vigorous climber –20'+
- Good for hummingbirds





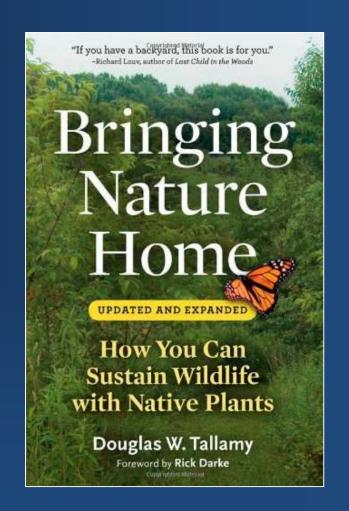
#### Cross Vine Cultivars: 'Miss Jekyll'

'Tangerine Beauty'



# "A plant that has fed nothing has not done its job"

D. Tallamy, Bringing Nature Home



## **Upcoming Class:**

## Piedmont Lawns and Lawn Alternatives

- Tues., April 25,6:30 8:30 pm
- Wed., April 26,10:00 noon

Registration closes April 21



Moss is a beautiful lawn substitute for shade

# Learn More: **Going Native Website**

http://www.ncsu.edu/goingnative/

Searchable plant database!

own backvard!



#### **Learn More**

#### **Extension Gardener Handbook**

- Chapters cover many topics
  - Soils, Insects, Landscape Design,
     Vegetables, Flowers, etc.
- Chapter 12 is Native Plants!

NC State Extension

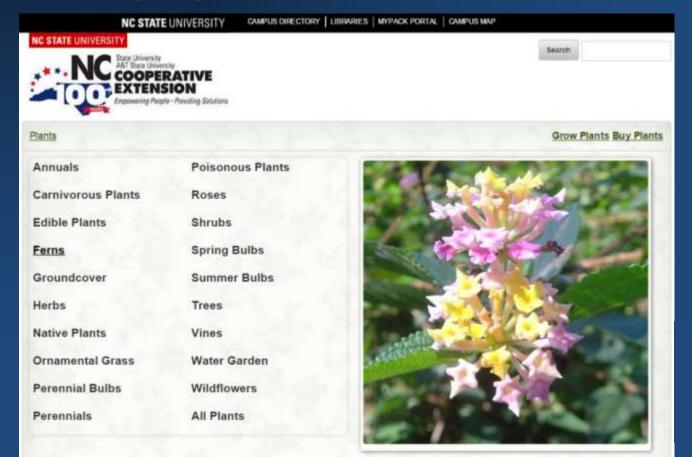


Cardinal flower - Lobelia cardinalis

#### **Extension Plants Database:**

Can help you select native and non-invasive non-native species for your yard

#### http://plants.ces.ncsu.edu/



## Plant Profiles:

- Height
- Hardiness
- Soil
- Exposure
- Description
- Images
- More!

Plants > Native Plants > Hydrangea quercifolia

#### Hydrangea quercifolia

This plant has poison characteristics. See below.

#### Common Name(s):

Oakleaf hydrangea

#### Cultivar(s):

Snow Queen, Snowflake, Harmony, Pee Wee, Sykes Dwarf, Alice, Little Honey (golden foliage), Munchkin (semi-dwarf), Ruby Slippers (semi-dwarf) Categories:

Native Plants, Poisonous Plants, Shrubs

#### Comment:

Bold leathery leaves; spread of 8 ft.; seeds eaten by birds; mulch to keep root system cool; exfoliating bank on mature plants; wine, orange, and mahogany fall foliage; coarse texture; drought tolerant; native to southeastern US; rapid growth rate

#### Description:

Deciduous shrubs; leaves opposite, simple, stalked, toothed and sometimes lobed; flowers in terminal, round or umbrella-shaped clusters, white, pink, or blue, 4-5-parted, the sterile flowers (around the margin or the entire cluster) are much enlarged.

#### Height:

4-8 ft.

#### Foliage:

Opposite, simple, bold leathery leaves; 3-8 in. long; wine, orange, mahogany fall color.

#### Flower

4 -12 in, erect panicles of creamy white flowers in summer; fades to pink, then tan; fragrant; good for drying

#### Zones:

5 to 9

#### Habit:

Deciduous

#### Site

Sun to partial shade; prefers moist, well-drained soil but tolerates damp soil

#### Texture:

Coarse

#### Forn

Upright, irregular, rounded, multi-stemmed shrub with limited branching; stoloniferous; forms colonies

#### Exposure

Sun to partial shade; moist, well drained soil

Fruit



H. quercifolia 'Snowflake'

Photo by Kingsbrae Garden, CC BY-NC-BA - 2.0



H. quercifolia 'Snow Queen'

Photo by Henryr10, OC BY-NO-ND - 2.0

# Pollinator Paradise Garden carolinapollinatorgarden.org



Chatham Mills, Pittsboro

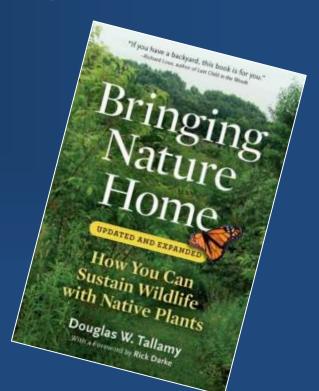
#### Learn More!

- NC Botanical Gardens,
   Chapel Hill
  - http://ncbg.unc.edu
  - Spring plant sale, April 29
- NC Native Plant Society
  - http://www.ncwildflower.org



#### **Great Books to Learn More!**

- Native Plants of the Southeast
  - L. Mellichamp
- Best Native Plants for Southern Gardens
  - G. Nelson
- Gardening with Native Plants of the Southeast
  - S. Wasowski
- Bringing Nature Home
  - D. Tallamy
- The Living Landscape
  - D. Tallamy and R. Darke



### **Evaluation**

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http://www.curenursery.com

Learn more:

http://go.ncsu.edu/nativeplants